

Jessons Primary School menu



Chef's Specials

**Halal
choice**
Available on request

Week 1

Monday
Sausage or Quorn sausage
in onion gravy
Lemon sole grill

Tuesday
Cottage pie
Cod bites
Tomato and basil pasta

Wednesday
Roast beef and Yorkshire pudding
Halal chicken fillet
Battered fish fillet

Thursday
Mediterranean chicken wrap
Quorn lasagne
Fish cakes

Friday
Sweet chilli salmon
Pizza
Fish finger wrap

Week 2

Monday
Fish fingers
Steak pie
Quorn bolognaise

Tuesday
All day breakfast (include Quorn option)
BBQ chicken wraps, plus halal option
Cod bites

Wednesday
Roast pork and apple sauce
Halal chicken
Omlette
Salmon nuggets

Thursday
Beef lasagna
Quorn lasagna
Mango and lime chicken wrap
plus halal option
Battered fish fillet

Friday
Chinese chicken curry
Pizza
Fish goujons

Week 3

Monday
Cheese and onion quiche
Beef bolognaise
Double fish finger

Tuesday
Tempura fish goujons
Tomato and bail penne
Gammon

Wednesday
Roast chicken & seasoning
Halal chicken
Bacon tagliatelle carnonara
Salmon fish finger

Thursday
Cheese savoury
Mediterranean chicken wrap,
plus halal option
Fish cakes

Friday
Quorn or Aberdeen Angus beef grill
Pizza
Gluten free bubble coated fish

Daily Vegetables

Monday
Sweet potato mash, carrots/broccoli

Tuesday
Fat free wedges, peas/baked beans

Wednesday
Fat free roast and creamed potatoes
cauliflower/cabbage

Thursday
Boiled new potatoes, peas/carrots

Friday
Chipped potatoes
baked beans/sweetcorn

1/2 fruit Desserts

(All made using 50% fruit)

Monday
Fruity flapjack & custard

Tuesday
Fruit sponge & custard

Wednesday
Chocolate and beetroot surprise
with chocolate sauce

Thursday
Fruity cheesecake

Friday
Fruit crumble & custard.

Plus daily chef's choice

Potato place

(Freshly baked with hot or cold fillings)

Served everyday with
a choice of fillings

Tuna

Cheese

Baked beans

Coming Soon

Insert events/theme days

Insert events/theme days

Insert events/theme days

Insert events/theme days

Daily items (always available)

Fresh bread, cheese &
crackers, yogurt, jelly, fresh fruit
salad, fresh fruit bowl, water,
fish, sandwiches

“and don't forget to help
yourself to our free salad bar -
which is also available daily”

Information available on our website

• How to claim • free school meals • Infant free meals

• Allergen information • Halal policy • Milk policy • Nutritional information



Dudley Catering Cleaning & Caretaking Services



Dudley Catering, Cleaning and Caretaking Services reserve the right to alter items subject to cost or availability. Price as at September 2017